



SOFTBALL



New Prairie Little League Softball is open to girls ages 6 - 16.
A players league age is determined by the age they are as of January 1st, 2024.

INSTRUCTIONAL (AGE 6-9)

Instructional / Machine Pitch (age 6-9)

This program is intended to introduce players to the game of softball. The focus of this level of softball is to teach the proper fundamentals of throwing, hitting and fielding a live batted ball. A pitching machine is utilized in this division with speeds of the ball being between 35-38 mph (based on team skill level). This division focuses on introducing the basics of making outs, running bases, and learning basic game play (i.e. throwing a batted ball to first, catching fly balls, etc.). Players should expect to play at least 1 position in the infield and outfield each game. Out of park travel possible.

Entry skills: None

Exit Skills: Throw a ball consistently 45 feet at chest height, hit a batted ball at 35 mph, field a batted ball from home plate at the shortstop or 2nd base position. Ability to catch a fly ball should be emerging with more catches than misses.

Equipment: Ball Size: 11"

Glove: 9-11" size of girl should be taken into account. **Bat:** 26-29" drop of 11-12 oz.

Footwear: Cleats - molded rubber. **Helmet:** Required w/Face Guard. **Face Mask:** Required.

MINORS (AGE 8-12)

Minors (age 8 -12)

This division is intended to introduce girls to a more competitive softball. The focus of this division is to improve and strengthen the foundational skills learned in Instructional of throwing, fielding and hitting a live batted ball. This division is focused on learning to hit a live pitched ball. This division introduces stealing, secondary lead offs, and improved fundamentals. Bunting should be introduced in this program. This division also introduces situational softball (i.e movement on hit balls, backing up throws, double plays, etc.). Players should expect to play at least 1 position in the infield and outfield each game outside of pitching. Opportunities for out of park travel available.

Entry skills: Throw a ball consistently 45 feet at chest height, hit a batted ball at 35 mph, field a batted ball from home plate at the shortstop or 2nd base position. Ability to catch a fly ball should be emerging with more catches than misses.

Exit Skills: Ability to throw 60 feet at chest height. Hit a batted ball at 40 miles per hour, field batted ball from anywhere in the infield, and be able to field ground balls that are hit to either side within 5 feet. Catch fly balls at varying heights and velocities.

Equipment: Ball Size: 11"

Glove: 10-11" size of girl should be taken into account.

Bat: 29-31" drop of 10-12 oz. **Footwear:** Cleats - molded rubber.

Helmet: Required with Face Guard. **Face Mask:** Required.



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MAJORS (9 - 12)

Majors (age 9 -12)

This division is intended to be competitive softball. The focus of this division is to continue to improve the foundational skills as well as continue to improve on the positioning of situational baseball. Learning to hit different speeds within the same at bat should be expected in this division. Players should expect to see high velocity batted balls. Players should expect to consistently play 1-2 positions outside of pitching throughout the season. Out of park travel possible.

Entry skills: Ability to throw 60 feet at chest height. Hit a batted ball at 40 miles per hour, field batted ball from anywhere in the infield, and be able to field ground balls that are hit to either side within 8 feet. Catch fly balls at varying heights and velocities.

Exit Skills: Age up to Juniors

Equipment: Ball Size: 12"

Glove: 11-13" size of girl should be taken into account.

Bat: 26-33" drop of 9-12 oz. **Footwear:** Cleats - molded rubber.

Helmet: Required with Face Guard.

Face Mask: Required

JUNIORS (AGE 13-14) / SENIORS (AGE 15-16)

Juniors (age 13 -14) and Seniors (age 15 -16) divisions are available for girls who are age 13 - 16 with the skills to compete at a highly competitive level.



CONTACT US TO VOLUNTEER!
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